

Kirol Zerbitzua

News

The yoga course starts in Arrasate

Oct 19, 2017

On Wednesday, 8 employess from the GEP will work yoga and English through this course organized by Sports Service.

It is an activity aimed to improve the flexibility, strength and breathing.

The course will be held from October to December and will be available in January.

If you are interested in participating, ask at the sports service, there are still vacancies

