

1 Development and validation of a tool for the integration of the Circular Economy 2 in industrial companies: Case study of 30 companies.

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8 Abstract

9 Circular Economy (CE) implementation is considered an instrumental strategy to help
10 reaching the world's resource, energy, and climate mitigation targets, including the
11 Sustainable Development Goals (SDGs) 2030. However, major barriers must be
12 overcome to facilitate CE implementation in industry such as cultural, market, regulatory
13 and technological considerations (Kirchherr et al., 2018). Improving management
14 systems within industrial companies is crucial when implementing effective CE solutions
15 in compliance with existing industrial standards such as quality and environmental
16 management systems. However, it is not yet common practice yet due to the lack of
17 standardized, suitable, and easy-to-use supporting analytical tools. This paper attempts
18 to fill this gap by presenting Industrial Circular Economy Questionnaire (*ICEQ*), a self-
19 diagnosis questionnaire built upon the revision of industrial harmonized standards and,
20 academic literature on business-level CE assessment tools. *ICEQ*, compiling a set of
21 165 questions for company self-CE assessment, was applied to 30 industrial companies
22 belonging to 17 economic sectors (automotive, machining and metalworking
23 transformation, waste management, machine tool, etc.) in the Basque Autonomous
24 Community (BAC) in Spain. The automotive sector stands out with 70% of circularity
25 while Machining and metalworking transformation only has 34%, showing that the
26 automotive sector is more conscious of CE since they must comply with End-of-Life
27 Vehicles (EoLV) legislation.

28 **Keywords:** Circularity performance, environmental sustainability, resource efficiency,
29 survey, circular economy, industrial company.

30 1. Introduction

31 Linear economy has become inefficient in its use of resources and waste generation,
32 causing significant environmental and socio-economic impacts (Sariatli, 2017). The
33 Circularity Gap Report (Circle Economy, 2021) shows the magnitude of the problem,
34 presenting among other things: i) the increase of temperature (3 to 6 degrees), ii) the
35 greenhouse gas emission (we will emit 65 billion tones in 2030), and iii) the circularity of
36 the world economy which in 2020 was 8,6% (0,5% less than two years earlier) knowing
37 that the majority (70%) of emissions are associated with material handling and use. It
38 also emphasizes that global warming shows no signs of slowing down and can cause
39 catastrophes that threaten the population. In an attempt to reverse these trends, the
40 European Commission (EC) adopted in 2015 an action plan for the deployment of a
41 Circular Economy (CE) to boost employment, growth, and investment and develop a
42 competitive, carbon-neutral, and resource-efficient economy (European Commission,
43 2015). This action plan was later followed up by the Green Deal, which highlighted that
44 CE is required to stimulate the development of lead neutral and circular products
45 markets, including a "sustainable products" policy (European Commission, 2019). This
46 aims to make Europe the first climate-neutral continent by 2050, trying to achieve a clean
47 and zero emission CE (European Commission, 2019) .

48 Ellen MacArthur Foundation (2017) defines CE as “a systemic approach to economic
49 development designed to benefit businesses, society, and the environment” based on
50 three principles (Ellen MacArthur Foundation, 2015): i) preserve and enhance natural
51 capital by controlling finite stocks and balancing renewable resource flows, ii) optimize
52 resource yields by circulating products, components, and materials at the highest utility
53 at all times in both technical and biological cycles, and iii) foster system effectiveness by
54 revealing and designing out negative externalities. Accordingly, CE can be
55 operationalized through the development of four major strategies (Bocken et al., 2016);
56 i) narrow resource loops, which engender less resource usage per unit of product/service
57 (Bocken et al., 2017), ii) slow resource loops, which refers to intensifying their use
58 throughout the production and consumption system, iii) close resource loops, which
59 imply closing the life cycle of materials through efficient collection, material recovery and
60 recycling systems, and iv) regenerate resource loops, which refers to a shift towards the
61 use of non-toxic substances and renewable materials and energy (Konietzko et al.,
62 2020). Finally, the strategies mentioned above can be deployed through the
63 implementation of the so-called 10Rs of CE (Blomsma et al., 2019; Potting et al., 2017):
64 refuse, rethink, reduce, reuse, repair, refurbish, remanufacture, repurpose, recycle, and
65 recover. These CE solutions can be implemented on four levels (Saidani et al., 2017): i)
66 macro, referring to regions, countries, and cities, ii) meso, to economic sectors and
67 industrial parks, iii) micro, encompassing business models and organizations, and iv)
68 nano, to product, service, or business unit.

69 Industrial companies are key players in the delivery of the CE agenda. These can greatly
70 influence the way resources are consumed and managed, through innovation of product,
71 business strategy reorientation, business model redesign or value chain reconfiguration
72 (Geissdoerfer et al., 2017). However, there are several internal and external barriers that
73 hinder such a transition to a more circular model, including cultural, market, regulatory
74 and technological barriers (Kirchherr et al., 2018). Nevertheless, for companies to start
75 implementing CE, it is important to integrate the principles at the operational level (micro
76 level), which includes: i) reconfiguration of business models and ii) redesign of products
77 and services (Rocha et al., 2019). In this process, the use of harmonized CE standards
78 and tools can play a key role.

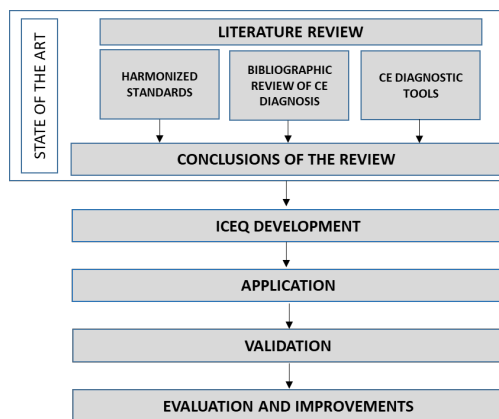
79 A new diagnostic questionnaire has been created in which harmonized standards items,
80 considered appropriate to meet the technical requirements of European legislation
81 (European Union, 2021), are intertwined with CE strategies and solutions. This will
82 provide more accurate results on the circularity of companies and being able to respond
83 to both external and internal barriers that industrial companies may face. The goal is to
84 present a comprehensive, self-improving, though user-friendly and versatile, CE
85 questionnaire that can be used by industrial companies to determine their current
86 circularity performance (maturity level). Accordingly, the paper is structured as follows:
87 section 2 presents the research methodology, section 3 introduces the discussion and
88 section 4 present the conclusions.

89 **2. Methodology**

90 A five-step methodology has been applied to develop Industrial Circular Economy
91 Questionnaire (*ICEQ*) for industrial companies, as illustrated in Figure 1. The steps
92 developed include:

- 93 i) *Literature review*: With the goal of developing a questionnaire that allows
94 industrial organizations to analyze the circularity of their current business unit
95 and integrate CE strategies and solutions into their business model. The
96 following areas have been analyzed in order to implement integration: i)
97 harmonized standards, ii) bibliographic review of CE diagnosis, and iii) CE
98 diagnostic tools.

- 99 ii) *ICEQ development*: For the development of *ICEQ*, a 165 questions self-
 100 diagnosis questionnaire in which participants obtain results on the circularity
 101 of their company, the items of harmonized standards have been intertwined
 102 with the CE strategies and solutions and both questionnaires analyzed in the
 103 literature and those of the diagnostic tools have been used as examples to
 104 create a more complete questionnaire.
- 105 iii) *Application*: It has been applied in several industrial companies of the Basque
 106 Autonomous Community (BAC) in Spain, all of which vary in sector and size
 107 (Specifically it's been applied in 30 companies in 17 sectors).
- 108 iv) *Validation*: Once the questionnaire was completed, a small survey in the form
 109 of a semi-structured interview was carried out through workshops with the
 110 participating companies to find out their opinion regarding *ICEQ*.
- 111 v) *Evaluation and improvements*: Ensure that the questionnaire is useful and
 112 fulfills the objective. To this end, meetings have been held with companies
 113 and their feedbacks has been gathered in order to make the necessary
 114 changes .and improvements.



115
 116 *Figure 1: Research methodology*

117 As Urbinati et al. (2020) have mentioned a multiple case study analysis allows us to
 118 analyze data: i) within each situation and ii) across situations. This methodology is useful
 119 to adopt for qualitative analyses and a theory-testing approach (Siggelkow, 2007; Yin,
 120 2003). Case study research provides enriching data and is suitable for investigating
 121 processes that change over time (Bluhm et al., 2011) in which the improvements that
 122 participants have made can be seen. Multiple sources of evidence- in interviews, voice
 123 records, and documentation gathered during the sessions with the companies- were
 124 collected. This was to add breadth and depth to data collection and to contribute to the
 125 validity of the research (Eisenhardt, 1989).

126 The survey technique is widely used because it allows us to obtain data in a fast and
 127 efficient way (Casas Anguita et al., 2002). The development of the questionnaire has
 128 considered the unworked inputs, types of questions and answers and information
 129 identified in sections 3.1, 3.2 and 3.3, which are explained below.

130 3. Literature review

131 3.1 Harmonized standards

132 Management systems focus on continuous improvement and obtain a global view of the
 133 organization. To determine which specific aspects and items are important in an
 134 organization, standards are analyzed, and CE opportunities are identified. For the
 135 integration of CE in industrial companies, seven harmonized standards are identified as

136 the main ones (Table 1), the first four being management standards and the last two CE
 137 standards.

138 *Table 1: Selected harmonized standards and the purpose*

	Harmonized Standards	Objectives
Management systems	ISO 9001:2015- Quality management systems	Ensure that an organization achieves customer satisfaction through the establishment of continuous improvement processes (AENOR, 2015).
	ISO 14001:2015- Environmental management systems	Provide companies with a framework for environmental protection and respond to climatic conditions, balancing it with socio-economic needs (ISO 14001:2015, 2016).
	EMAS- Community Eco-Management and Audit Scheme	Promote continuous environmental improvement of organizations (EMAS, 2014).
	ISO 14006:2020- Environmental management systems	Promote environmental improvement focused on products and services, integrating it with management systems (Normas ISO, 2022).
	ISO 56002:2019- Innovation management systems	Guides the organization in determining its innovation vision, strategy, policy, and objectives (AENOR, 2020).
CE	BSI 8001:2017- Framework for the application of CE principles in organizations	Involve the main economic and social players in the transition towards a CE (BS 8001, 2017).
	XP X30-901:2018- CE project management system	Facilitate dialogues to reflect on modes of production and consumption and provide a management tool to plan, implement, evaluate, and improve a circular economy project (AFNOR, 2020).

139 This selection was made because of two reasons: i) are the most popular and commonly
 140 used by industrial companies (Horielikova, 2020), and ii) are the most closely aligned
 141 with the CE (Gabarró Sust, 2021). Of these standards mentioned, EMA was discarded,
 142 because companies tend to opt for ISO 14001:2015 (Merli & Preziosi, 2018).

143 Table 2 shows the grouping of all the items that each harmonized standard cites in
 144 relation to the company and marks with an "X" those that each one refers to. In order to
 145 contrast which of these items are used in the management standards and in the CE
 146 standards, thus being able to integrate CE in organizations without the need for new
 147 certifications. To identify all items, we read the standards and identified which aspects of
 148 the organization they value, dividing them into three large groups (external context,
 149 internal context, and stakeholders).

150 Moreover, most companies use quality management systems to be able to structure the
 151 company. According to Mintzberg, (1988) the organizational structure is the set of all the
 152 ways in which work is divided into different tasks, thus achieving coordination among all
 153 of them. Therefore, the ISO approach allows industrial companies to structure the whole
 154 company.

155 Table 2 therefore shows, on the one hand, that the CE vision can be integrated into the
 156 management standards used by industrial companies because, since there are items
 157 that both standards take into account (design and development, environment,
 158 customers, etc.), companies will not have to make very significant changes, but will have
 159 to consider aspects of CE that they do not currently work on and introduce them into their
 160 management.

161 On the other hand, to integrate BSI 8001:2017, CE into management standards it is
 162 necessary to add elements in the analysis. According to Legegunea (2019) the most
 163 used standards by companies in BAC are ISO 9001:2015 and ISO 14001:2015, and
 164 hence, can be a starting point to analyze how to integrate CE. That is why the rest of the
 165 standards have been discarded when carrying out this work; although this does not mean

166 that in the future the rest of the standards analyzed will be integrated to improve the
 167 process.

168 *Table 2: Items for analysis of harmonized standards*

Harmonized standards items		Management Systems				CE		
		9001	14001	14006	56002	BSI 8001	XP X 30-901	
External context	Legislative	X	X	X	X	X	X	
	Leadership	Politics	X	X	X	X		X
		Compromise	X	X	X	X		X
		Responsibilities	X	X	X	X		X
		Resources	X	X		X	X	X
		Competitor	X	X	X	X		X
	Support	Awareness	X	X		X		X
		Communication	X	X		X		X
		Marketing			X	X	X	
		Documented information	X	X	X	X	X	X
Product/Service requirements		X		X			X	
Internal context	Materials					X		
	Design and development	X		X	X	X	X	
	Processes, products, and services supplied externally	X			X	X	X	
	Operations	Production and service provision	X	X				X
		Product/Service release	X					X
		Control of non-conforming outputs	X		X	X		X
		Emergency response		X				
	Logistics/Reverse logistics					X		
	Technological	X				X	X	
	Market	X			X		X	
Sociocultural	X			X		X		
Economical	X			X	X	X		
Environmental		X	X	X	X	X		
Stakeholders	Clients	X		X	X		X	
	Consumers			X		X		
	Supplier	X		X	X		X	
	Partners	X			X		X	
	Internal staff	X			X		X	
	Competitors	X		X			X	
	Administration	X					X	

169 Therefore, it is a good strategy to approach CE in organizations from the structure of the
 170 two ISOs mentioned above. This is because BAC companies by having a fixed structure
 171 will know at all times how to move forward and adapt those changes that CE proposes
 172 to their business activities without many problems. Moreover, this structure will help to
 173 overcome barriers such as (Agyemang et al., 2019; Caldera et al., 2019; de Jesus &
 174 Mendonça, 2018; Kirchherr et al., 2018): i) lack of knowledge and capabilities, ii) financial
 175 resources, iii) organizational culture, iv) appropriate legislation and v) policies, among
 176 others. The reason that it is important to overcome these barriers is because it enables
 177 to the companies to integrate the CE principles at their operational level.

178 **3.2 Bibliographic review of CE diagnosis**

179 The review of questionnaires, surveys and diagnostic interviews of CE are conducted in
 180 a systematic manner. This methodology allows carrying out a search with a clear
 181 objective, a question, and a defined search approach that establishes inclusion and
 182 exclusion criteria and elaborates a qualitative evaluation of the articles (Jesson et al.,
 183 2011). To this end, the following steps were followed: i) location of the studies, and ii)
 184 selection and evaluation of the papers.

185 **3.2.1 Locating studies, selection, and evaluation of work**

186 The objective of the search was to find diagnostic tools that facilitate the implementation
 187 of the principles of CE, focusing on finding surveys in this field. Web of Science (WoS),
 188 and Scopus were selected as search engines, as they are considered the most
 189 comprehensive scientific databases (Aghaei Chadegani et al., 2013). The search string
 190 was as follows (“circular economy” OR “circularity”) AND (“surve*” OR “questionnaire*”
 191 OR “interview*”).

192 The last search was carried out in September 2021, and all articles published in English
 193 between 2009-2021 were considered. No geographical restrictions were imposed, and
 194 a search was carried out on the title, keywords and abstract.

195 As a result, 674 articles were found on Scopus and 621 articles on WoS. For the final
 196 selection, duplicate articles were discarded, achieving a total of 771 combining both
 197 datasets. The search was filtered by analyzing titles, keywords, and abstracts and those
 198 that did not fit the scope were discarded. Following, a total of 63 articles were selected,
 199 and after a complete reading, 20 were discarded, attaining a total of 43 articles.

200 **3.2.2 Literature analysis**

201 Table 3 shows the 43 selected articles. Once all the questions were identified, a new
 202 table was created, which can be found in the supporting information document. The table
 203 was called *SP1. Articles from the harmonized standards Vs. Literature review*
 204 *questionnaire*. In this table (*SP1*), a relationship was created between the article
 205 questions and items of the harmonized standards identified in Table 2.

206 *Table 3: Selected articles to analyze the questionnaires*

Authors	Article title
Kumar et al. (2019)	Circular economy in the manufacturing sector: benefits, opportunities, and barriers.
Masi et al. (2018)	Towards a more circular economy: exploring the awareness, practices, and barriers from a focal firm perspective.
Jakhar et al. (2019)	When stakeholder pressure drives the circular economy: Measuring the mediating role of innovation capabilities.
Bassi & Días (2019)	The use of circular economy practices in SMEs across the EU.
Piyathanavong et al. (2019)	The adoption of operational environmental sustainability approaches in the Thai manufacturing sector.
Milios et al. (2019)	Sailing towards a circular economy: Conditions for increased reuse and remanufacturing in the Scandinavian maritime sector.
Cristoni & Tonelli (2018)	Perceptions of Firms Participating in a Circular Economy.
Ceptuneanu et al. (2018)	Perceptions of circular business models in SMEs.
Hopff et al. (2019)	New dimensions for circularity on campus-framework for the application of circular principles in campus development.
Katz-Gerro & López Sintas (2019)	Mapping circular economy activities in the European Union: Patterns of implementation and their correlates in small and medium-sized enterprises.
Zeng et al. (2017)	Institutional pressures, sustainable supply chain management, and circular economy capability: Empirical evidence from Chinese eco-industrial park firms.
Hojnik et al. (2017)	Eco-innovation and firm efficiency: Empirical evidence from Slovenia.
Fonseca et al. (2018)	Assessment of circular economy within Portuguese organizations.
Zhu et al. (2010)	Circular economy practices among Chinese manufacturers varying in environmental-oriented supply chain cooperation and the performance implications.
Ormazabal et al. (2018)	Circular Economy in Spanish SMEs: Challenges and opportunities.
Zhu, Geng, & Lai (2011)	Environmental supply chain cooperation and its effect on the circular economy practice-performance relationship among Chinese manufacturers.
Agyemang et al. (2019)	Drivers and barriers to circular economy implementation: An explorative study in Pakistan’s automobile industry.
Bag et al. (2019)	Examining the role of dynamic remanufacturing capability on supply chain resilience in circular economy.
Zhu, Geng, Sarkis, et al. (2011)	Evaluating green supply chain management among Chinese manufacturers from the ecological modernization perspective.
Caldera et al. (2019)	Evaluating the enablers and barriers for successful implementation of sustainable business practice in ‘lean’ SMEs.
Cayzer et al. (2017)	Design of indicators for measuring product performance in the circular economy.
Long et al. (2016)	A sustainability assessment system for Chinese iron and steel firms.
Sihvonen & Partanen (2016)	Implementing environmental considerations within product development practices: A survey on employees’ perspectives.

Authors	Article title
Y. Liu & Bai (2014)	An exploration of firms' awareness and behavior of developing circular economy: An empirical research in China.
Abreu & Ceglia (2018)	On the implementation of a circular economy: The role of institutional capacity-building through industrial symbiosis.
Xue et al. (2010)	Survey of officials' awareness on circular economy development in China: Based on municipal and county level.
Gaur et al. (2019)	Towards building circular economy: A cross-cultural study of consumers' purchase intentions for reconstructed products.
Lakatos et al. (2016)	How supportive are Romanian consumers of the circular economy concept: A survey.
Smol et al. (2018)	Public awareness of circular economy in southern Poland: Case of the Malopolska region.
Atlason et al. (2017)	Product design in the circular economy: Users' perception of end-of-life scenarios for electrical and electronic appliances.
Bovea et al. (2018)	Incorporation of circular aspects into product design and labelling: Consumer preferences.
Borrello et al. (2017)	Consumers' perspective on circular economy strategy for reducing food waste.
Q. Liu et al. (2009)	A survey and analysis on public awareness and performance for promoting circular economy in China: A case study from Tianjin.
Wang & Kuah (2018)	Green marketing cradle-to-cradle: Remanufactured products in Asian markets.
Tam et al. (2019)	Managing complex products to support the circular economy.
Unal et al. (2019)	Managerial practices for designing circular economy business models: The case of an Italian SME in the office supply industry.
Sihvonen & Partanen (2018)	A survey of perceived prevalence of selected environmental topics in product development, and their relationships with employee's ecological concern.
Dalhammar (2016)	Industry attitudes towards ecodesign standards for improved resource efficiency.
Bovea & Pérez-Belis (2018)	Identifying design guidelines to meet the circular economy principles: A case study on electric and electronic equipment.
Tura et al. (2019)	Unlocking circular business: A framework of barriers and drivers.
Dubey et al. (2019)	Supplier relationship management for circular economy: Influence of external pressures and top management commitment.
de Jesus & Mendonça (2018)	Lost in Transition? Drivers and Barriers in the Eco-innovation Road to the Circular Economy.
Merli & Preziosi (2018)	The EMAS impasse: Factors influencing Italian organizations to withdraw or renew the registration.

207 None of the 43 articles analyzed considers all the items listed in the harmonized
208 standards. These are the conclusions drawn from the table developed and shown in the
209 supporting information document:

- 210 • Most of the questionnaires collected in the literature, do not give importance to
211 the internal contexts of the company, they focus on aspects such as the market,
212 customers, suppliers, etc. which though acceptable, do not consider the
213 processes that are followed, the provision of products/services, and the non-
214 conformities that the customer may have with the product/service among others.
- 215 • Regarding leadership, there are missing questions related to commitment and
216 responsibilities, which are important for the correct management of the company.
- 217 • Regarding support processes, there is a lack of resources.
- 218 • Regarding operational processes, the questionnaires barely refer to the
219 operational aspects of the companies. The items of materials and product/service
220 design and development are the most mentioned in the majority of the
221 questionnaires.
- 222 • As for stakeholders, there is no mention of environmental aspects, nor of
223 management, partners, and internal staff. These points are important for the
224 decision making that companies might need to engage in when defining changes.
- 225 • The developed questions do not have a direct relation to the CE solutions
226 mentioned by Potting et al. (2017).
- 227 • The result of the questionnaires does not visualize an overall value of the
228 diagnosis performed nor does it relate them to CE strategies.
- 229 • The information provided by the questionnaires of the articles identified in the
230 literature review, shows the variety of question types: i) value scale, ii) open
231 questions and iii) yes/no answer.

232 3.3 CE diagnostic tools

233 Based on the previous bibliographic review and the knowledge of the research team,
234 main existing diagnostic tools were identified as of September 2021:

- 235 • CIRCelligence by Boston Consulting Group (BCG) (Rubel et al. 2020).
- 236 • Circularity Gap Metric by Haigh et al. (2019).
- 237 • Circulytics by Ellen MacArthur Foundation (2019).
- 238 • Circular Transition Indicator (CTI) by World Business Council for Sustainable
- 239 Development (WBCSD, 2020).
- 240 • Circularity Check by Ecopreneur (2019).
- 241 • Circular Economy Indicator Prototype (CEIP) develop by Cayzer et al. (2017).
- 242 • CIRCit by Kravchenko et al. (2010).
- 243 • Making the Transition to Circular Economy (MATChE) by Technical University of
- 244 Denmark (2019).
- 245 • Circular Economy Toolkit (CET) by Evans et al. (2019).

246 Table 4 was created where the questions identified in the tools are related to the items
 247 of the harmonized standards, following the structure shown in the Table 2.

248 *Table 4: Harmonized standards items Vs. Review of tool questions*

Harmonized standards items		Diagnosis Tools							
		CIRCelligence	Circularity Gap Metric	Circulytics	CTI	Circularity Check	CEIP	CIRCit	MATChE
External context	Legislative								X
Internal context	Leadership	Politics		X					
		Compromise Responsibilities					X		
	Support	Resources							X
		Awareness			X				X
		Communication			X				
	Operations	Marketing							
		Documented information			X			X	
		Product/Service Requirements			X				X
		Materials	X	X	X	X		X	
		Design and Development					X	X	X
		Processes, products, and services supplied externally							
		Production and service provision					X	X	
	Product / Service release								
Stakeholders	Technological Market	Control of non-conforming outputs							X
		Emergency response							
		Logistics/Reverse logistics					X	X	
								X	X
								X	X
Sociocultural	Economic	Environmental				X			
		Clients				X		X	
		Consumers					X		
		Supplier							
		Partners							X
		Internal staff							
		Competitors							
		Administration							

249 It is striking that there is little relationship between questions in the tools and items. This
 250 may indicate that the groups developing these tools have not taken into consideration
 251 the harmonized standards when designing the questionnaires but have only focused on
 252 providing a CE approach. The results of the questionnaires do not visualize an overall
 253 value, nor do they relate them to CE strategies and solutions (Potting et al., 2017).

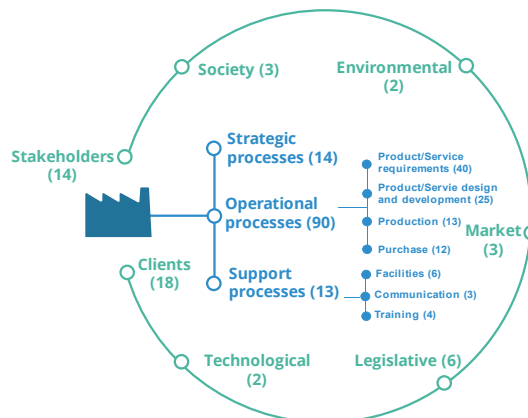
254 **4. Development, application, validation and results**

255 **4.1 Questionnaire design and development**

256 *ICEQ*, as mentioned above, is a self-diagnostic questionnaire composed of 165
257 questions (available in the supporting information file; *SP2. ICEQ questionnaire*). For the
258 creation of *ICEQ*, the methodology was as follows: i) read 750 questions identified in the
259 literature review, ii) read questions of the diagnostic tools, iii) analyze wording, iv) create
260 a relationship between questions and items of harmonized standards (ISO 9001:2015
261 and ISO 14001:2015), v) ensure questions are related to CE strategies and solutions,
262 and v) draft questions for the final questionnaire.

263 *ICEQ*'s objective is to help BAC industrial companies to integrate both CE strategies and
264 solutions into their operational process without the need to obtain a new certification.
265 With the newly questionnaire, companies are offered more complete analysis by relating
266 questions to ISO 9001:2015, ISO 14001:2015, and CE solutions and strategies. The
267 results obtained are qualitative.

268 Figure 2 shows the number of questions related to each of the different groups of the
269 questionnaire. This provides a complete analysis of company's internal and external
270 contexts. Not only the company's operational processes are considered, but also
271 questions are asked about both strategy and support processes. In addition, external
272 aspects are also asked to contextualize changes that may be needed. The questionnaire
273 as mentioned above is available as *SP2. ICEQ questionnaire*. There you will find all the
274 questions of the questionnaire grouped according to internal and external context.



275

276 *Figure 2: Number of questions associated with each group*

277 *ICEQ* uses different response options: i) multiple choice, ii) open-ended, iii) answers to
278 develop, and iv) Likert scale depending on the level of implementation (Hill et al., 2006).
279 Likert scale was defined in 5 points, 1=*Totally disagree* and 5= *Totally agree*, and with
280 the additional option, *Not applicable* (which is considered as a blank answer). This
281 measurement system enables descriptive analysis and highlights correlations between
282 different fields and subjects. The various options for answers make it possible to
283 differentiate, i) answers to considered obtaining the results (Likert scale) and ii) answers
284 where companies can write down their ideas, which are not used to obtain the final
285 results, but they help the companies to specify aspects of what they are analyzing with
286 the questionnaire and ensure that the answers they are giving are in accordance with
287 the analysis. Figure 3 shows improvements opportunities obtained after answering the
288 questionnaire.

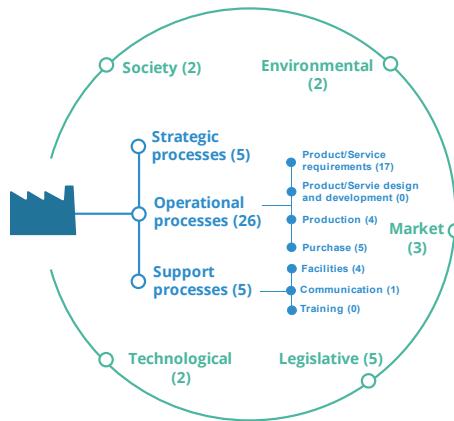


Figure 3: Improvements opportunities

289

290

291 The number of opportunities is obtained when the answers to each questions have a
 292 value <3. Finally, mention that *ICEQ* is an online questionnaire, which makes it easy for
 293 participants to i) fill it out anywhere, provided they have a technological device, and ii)
 294 obtain the results instantly. It is important to know that: i) companies have the option of
 295 completing the questionnaire at different times, but ii) once they have submitted the
 296 questionnaire, they are unable to alter the answers.

297 4.2 Application and validation

298 The method of attracting companies to test *ICEQ* consisted of holding open days that
 299 any company could participate in. Of all calls made, 30 companies from 17 different
 300 sectors in the BAC decided to participate (Table 5). These first cases were all carried out
 301 in face-to-face meetings, before the health crisis caused by Covid-19.

302 To conduct *ICEQ* the team formed by 2-3 people, visited each company. Before starting
 303 with the questionnaire, we explained the basic concepts of CE to participants, usually
 304 one or two people from different departments such as general managers, product
 305 managers, or quality and environment managers among others. After, a hardcopy of
 306 *ICEQ* was provided to participants. Sessions, which lasted two hours, were recorded
 307 with the permission of those present, so as not to lose information about what was being
 308 discussed. While participants were filling out *ICEQ*, we noted changes they proposed
 309 regarding the questions, and then we acted on their feedback.

310

Table 5: Summary of participating companies

Company	European Activity Name	Nº of employees	Contact
A	Manufacture of other machine tools	11-49 employees (small company)	Manager and Commercial
B	Manufacture of other machine tools	50-249 employees (medium company)	Product Manager
C	Manufacture of other machine tools	11-49 employees (small company)	Manager
D	Manufacture of other machine tools	50-249 employees (medium company)	Quality and Design
E	Manufacture of other machine tools	50-249 employees (medium company)	I+D Director
F	Repair of other equipment	11-49 employees (small company)	Manager
G	Repair of other equipment	50-249 employees (medium company)	Quality, I+D
H	Repair of other equipment	11-49 employees (small company)	I+D Manager
I	Repair of other equipment	>250 employees (big company)	Manager
J	Machining and metalworking transformation	11-49 employees (small company)	Manager
K	Machining and metalworking transformation	11-49 employees (small company)	General Manager

Company	European Activity Name	N° of employees	Contact
L	Machining and metalworking transformation	11-49 employees (small company)	Manager
M	Health	11-49 employees (small company)	Manager
N	Health- Biotechnology	1-10 employees (micro company)	I+D Manager, Marketing Manager and Production Manager
O	Remediation activities and other waste management services	1-10 employees (micro company)	Manager
P	Remediation activities and other waste management services	>250 employees (big company)	I+D Manager
Q	Packaging	11-49 employees (small company)	Manager
R	Packaging	50-249 employees (medium company)	I+D Director
S	Automotive	>250 employees (big company)	Environmental officer
T	Automotive	>250 employees (big company)	Environmental officer
U	Repair of other personal and household goods	>250 employees (big company)	Business unit manager
V	Manufacture of other textiles	50-249 employees (medium company)	Manager
W	Agrifood	50-249 employees (medium company)	Quality I+D
X	Manufacture of office and shop furniture	50-249 employees (medium company)	Manager
Y	Manufacture of other food products	>250 employees (big company)	Director of operations
Z	Logistics mobility- Construction	>250 employees (big company)	Head of Innovation and Strategy
AA	Steelwork	50-249 employees (medium company)	Product Manager
AB	Chemical industry	11-49 employees (small company)	Quality
AC	Construction	>250 employees (big company)	Environmental and Quality Manager
AD	Manufacture of railway locomotives and rolling stock	>250 employees (big company)	Environmental officer

311 The target of the meetings referenced above was the following: i) get results of the
312 survey, and ii) collect the impressions. There were clear objectives to be achieved
313 through the meetings: i) be able to provide the necessary explanations in case of doubts,
314 and ii) involve them to find solutions to their uncertainties while filling in the questionnaire.

315 In addition, at the end of the meeting and once *ICEQ* been completed, the companies
316 were given a short evaluation questionnaire to assess the usefulness, ease of use, and
317 validity of *ICEQ*, among other things, of which the results obtained were very positive.
318 Proof of this, of the 30 participating companies, 93.3% of them mentioned that *ICEQ* has
319 helped them to start working on CE. Furthermore, 56.7% say that the questionnaire is
320 complete and easy to fill in. This data was analyzed and evaluated by the team members
321 in order to make changes, such as rewriting the questions, and improve the results.
322 Finally, to the question "would you recommend *ICEQ* to other companies" 100% of the
323 answers were affirmative. The questionnaire and results can be seen in *SP3*.
324 *Questionnaire to evaluate ICEQ*.

325 4.3 Results

326 Once *ICEQ* has been completed, participants receive quantitative results on the spot,
327 which are divided as follows: i) overall assessment, ii) internal context assessments,
328 related with the harmonized standards and CE solutions, and iii) CE strategies
329 assessments, related to the solutions. The levels defined in Table 6 were adapted to the
330 needs of the questionnaire having as main basis the maturity levels defined in BSI
331 8001:2017 (The British Standards Institutions, 2017).

332

333

Table 6: Levels of overall assessment adapted from BSI 8001:2017

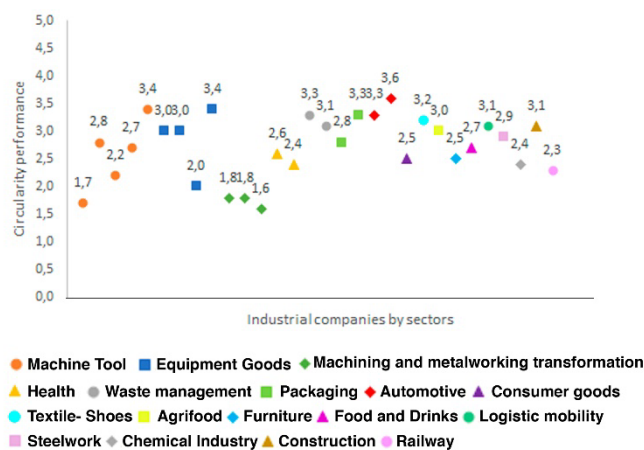
Level	Scores	Definition
Incipient	1-1.8	The organizations perform limited actions in relations to the CE, limiting itself to compliance with the legal requirements. The organization can begin to take the first steps to base its business model on CE.
Basic	1.8-2.6	The organization shows signs of interest in basing its business model on CE. The organization can begin to take the first steps towards the transition to CE.
Operational	2.6-3.4	There are ways of knowledge that fit with principles of CE but is not systematized. The organization has the potential to base its business model on CE. There is a lack of awareness in the organization's strategy.
Commitment	3.4-4.2	The organization's offer is aligned with CE. The organization focuses efforts on product/service innovation. This innovation should be taken to a business model level.
Strategic	4.2-5	The organizational forms, business model and value proposition are aligned with CE.

335 Before delving into the analysis of results, it should be mentioned that scores obtained
 336 by each of the companies may vary depending on the person who completed the self-
 337 diagnosis, since his or her perspective may differ from that of a colleague. For this
 338 reason, although an analysis of the results has been made, it is not possible to speak
 339 specifically about the reasons for these scores.

340 **4.3.1 Companies overall assessment**

341 According to Topaloğlu & Er (2017) the literature highlights the design in leading and
 342 shaping companies strategies, conceiving new business models, and driving
 343 organizational changes and renewals. Research reveals that design can also be a
 344 valuable resource in the formation of strategy by helping to define corporate objectives
 345 and by providing ideas about business possibilities, new directions and opportunities that
 346 can inspire and shape strategy (Bruce & Bessant, 2002; Sanchez, 2006; Weiss, 2002).
 347 Therefore, when defining the percentages of both the main groups, to obtain the overall
 348 assessment, and the internal contexts, the score for design-related aspects has been
 349 emphasized, giving greater importance to the company's operating processes.

350 Figure 4 shows the overall results obtained by the industrial companies, divided into
 351 corresponding sectors.



352

353 *Figure 4: Companies overall assessment*

354 The overall results of the companies completing the questionnaire are obtained by
 355 considering the following percentages: i) 30% of the result obtained with the strategic
 356 process questions, ii) 50% of the result obtained with the operational process questions,
 357 and iii) 20% of the result of the support process questions.

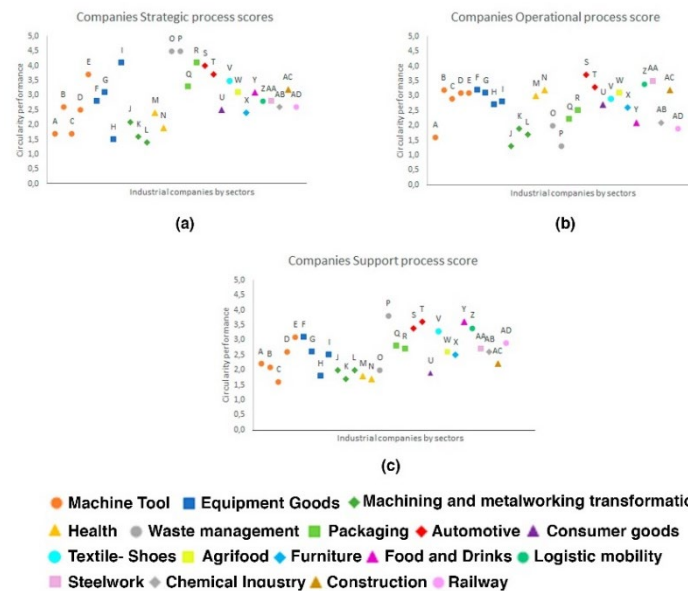
358 Out of 30 companies, 63% of them exceed the result of 50% and are positioned at the
 359 operational level. Of these sectors, Automotive is the most outstanding. Conversely, 37%

360 of the companies do not reach the operational level, Machining and Metalworking
 361 Transformation sector being the worst.

362 4.3.2 Internal context assessment

363 Granted that 80% of the total impact of the product is determined in the design phase
 364 (Charter & Tischner, 2017; European Commission et al., 2014) and defining the
 365 specification from the beginning of the design allows to optimize the design under that
 366 feature (Chakrabarti et al., 2004) it is important to consider the requirements of the
 367 product/service offered to reduce its impact on the environment (Casamayor & Su,
 368 2013). Therefore, the results of the internal contexts are obtained by considering the
 369 answers given by the companies in the questionnaire and applying the percentages
 370 specified below for each of them: i) strategic processes: average of the answers. ii)
 371 operational process: 50% of the average of answers obtained in the product/service
 372 requirements questions, 30% of the average of product/service development questions,
 373 10% of the average production group answers and 10% of the average of purchase
 374 group answers, and iii) support process: average of the answers.

375 Figure 5 shows the results obtained by the companies in each of the internal contexts.



376

377 *Figure 5: Company scores of internal contexts: (a) strategic process, (b) operational process and (c)*
 378 *support process*

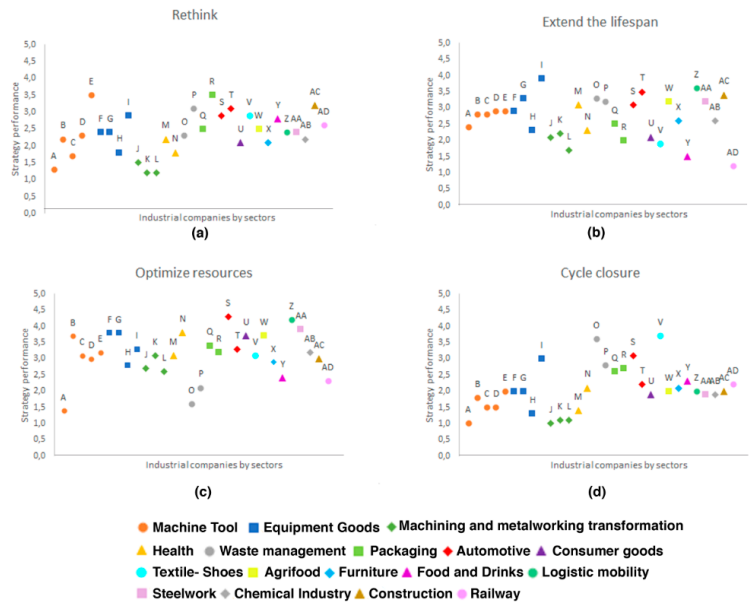
379 Looking at the results of the strategic process, Waste Management sector indisputably
 380 stands as it integrates the closing of cycles in the strategy. On the other hand, Machining
 381 and Metalworking Transformation sector scored the lowest, 34%.

382 In terms of operational processes, the most outstanding sector is Automotive, with an
 383 average of 70%. This can be attributed to the fact that automotive companies must
 384 comply with End-of-Life Vehicles (EoLV) legislation. Contrastingly, once again Machining
 385 and Metalworking Transformation is the sector with the lowest result.

386 Finally, checking the support process results of the companies, the best positioned
 387 sector is Automotive, 70%. Conversely, Health is the sector with the lowest score, 36%.

388 **4.3.3 Companies CE strategies assessment**

389 Figure 6 shows all the scores obtained by the companies in relation to the CE strategies.
 390 Regarding the way to obtain the results of the CE strategies, an average is carried out in
 391 each of the strategies considering the questions that affect each of the 4 groups.



392

393 *Figure 6: Company scores of CE strategies: (a) rethink, (b) extend the lifespan, (c) optimize resources and*
 394 *(d) cycle closure*

395 Analyzing *rethink* solution, the sectors with the highest average are Packaging and
 396 Automotive, both scoring 60%. This is because these sectors have changes in
 397 legislation. However, Machining and Metalworking Transformation sector is the worst
 398 with a score of 26%.

399 The highest results for extending lifespan were in Logistic Mobility sector (72%). In
 400 contrast, Railway sector is the worst ranked with a score of 24%. In terms of optimizing
 401 resources, the sector with the highest score is Logistic Mobility, 84%. On the other hand,
 402 with a score of 38% Waste Management is the worst positioned. Finally, closing of cycles
 403 is led by the Textile-Shoes sector 74%, in comparison, Machining and Metalworking
 404 Transformation sector is the worst positioned (22%).

405 **5. Discussion**

406 **5.1 Insights and lessons learned**

407 First and arguably most importantly, *ICEQ* was developed within the project
 408 CircularTRANS financed by the Gipuzkoa Provincial Council of BAC in Spain. The
 409 objective was to get industrial companies to move towards CE by improving their
 410 competitiveness with the results of the self-diagnosis as the main basis. The proposed
 411 process of holding meetings with disciplinary teams can be considered the most concrete
 412 way of using *ICEQ*. In a generic approach, meetings and teamwork can be combined
 413 not only for *ICEQ* implementation, but also for opportunity assessment and decision
 414 making. The process aided the commitment of the participants, the effort, speed, and
 415 simplicity of its use, which is adequate to conceptualize the opportunities and options for
 416 achieving objectives. All of this was supplemented by best practice examples from both
 417 national or international industrial companies and with the option of using tools as an aid.

418 It is worth mentioning that during the entire process of designing, developing, and
419 implementing *ICEQ*, it has been found that companies lack knowledge about what CE
420 is. Therefore, all the companies participating in the case studies benefited from the first
421 meeting to clarify concepts and to be able to address the internal processes in which
422 they will have to work. This helped them to be aware of the changes they should make
423 after completing the questionnaire and obtaining the results.

424 Thanks to meetings we were also able to obtain feedback from the participants. From all
425 feedback received, these were the conclusions we drew: i) some questions were not fully
426 understood, ii) the need to create a multidisciplinary team, iii) time to carry out the
427 questionnaire seriously to get reliable results, and iv) commitment on the part of the
428 team.

429 In order to provide solutions to the comments and avoid making the same mistakes
430 again, the following was done after obtaining feedback from the participating companies:
431 i) all the questions were read and rewritten, ii) the questionnaire was improved, making
432 the participants capable of completing it without specific help from the team experts, iii)
433 the importance of creating a multidisciplinary team was emphasized, since in some
434 cases the participants did not have a global vision of the company (although the final
435 decision is made by the organizations), and iv) it was advised to take time to complete
436 the *ICEQ* as there may be a diversity of opinions. Once the improvements had been
437 made, some companies re-read the questionnaire and validated the changes made.

438 It should be noted that not all feedback received was negative. Participants emphasized
439 that: i) it helped them to devise possible improvements, ii) introduce employees to CE by
440 demonstrating its importance, and iii) have clear objectives going in the same directions
441 and improving the business model, thus making them more competitive in the market.

442 It is difficult to track what changes will happen after the first meeting with the company.
443 However, anecdotal evidence from meetings held a couple of months later indicated that
444 the senior staff really engaged with the questionnaire and are now exploring new
445 methods and paths to achieve their opportunities. The most important outcome, we were
446 told, is top management buy-in. This was also confirmed by employees of other cases,
447 whom *ICEQ* helped to catalyze new ideas, communicate to their superiors, and get the
448 managers support to start with the changes. Last but not least, it should be noted that
449 participants reported that the training process and support offered helped them to better
450 understand CE and to clarify doubts on the subject. Furthermore, they came up with
451 ideas to address the opportunities they must work on.

452 **5.2 Contributions and implications**

453 The present study was the first attempt to integrate elements of harmonized standards
454 and CE strategies and solutions together into a questionnaire, allowing companies to
455 carry out a self-diagnosis of their own situation with respect to circularity and to work out
456 the opportunities for improvement that are offered to them. While there is a wide range
457 of tools available, it was found that there was a lack of tools that integrate these
458 considerations. Our research addresses this concern and adds to the tools that are
459 currently available.

460 *ICEQ*, which is strictly a self-diagnostic questionnaire, helps to obtain the company's CE
461 diagnosis from the results of the questionnaire, which can be seen as an opportunity to
462 expand the company's competitiveness and embrace additional ways of working.
463 Consequently, it can be a valuable step in both conventional and sustainable business
464 processes. Finally, it can facilitate the creation of viable business models, even for small
465 companies.

466 **5.3 Strengths and limitations**

467 Firstly, we would like to mention both positive aspects and limitations of the methodology
468 designed. The speed with which the companies received the results once the diagnosis
469 had been carried out and the ease of use of the questionnaire were remarkable.
470 However, only with the questionnaire and improvement opportunities, it does not offer
471 concrete solutions according to needs. Although it is true that companies have the
472 resources to be able to start the change, they can only do so with expert help.

473 Regarding the number of participating companies per sector, in some cases there is only
474 one company, so the representativeness of the industries can be considered very low.
475 However, this does not mean that the results obtained have not been considered, but on
476 the contrary, it has helped us to have an idea of the needs that companies in these
477 sectors may have, without generalizing since each company in the same sector may
478 work with CE in a different way. Even so, we will continue to look for companies in the
479 less representative sectors, without forgetting the rest, in order to achieve greater
480 representation and thus obtain more accurate conclusions for each sector.

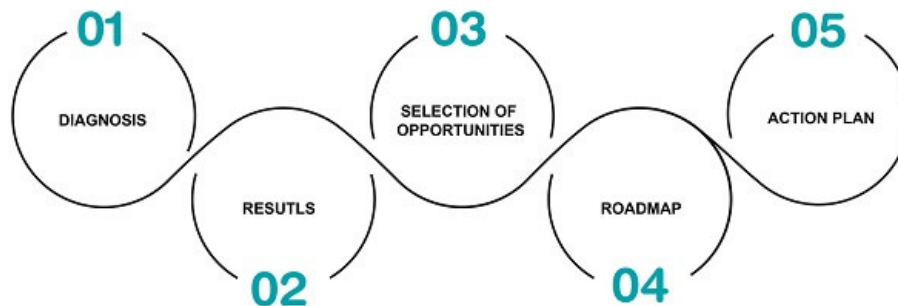
481 Finally, although it is not directly related to *ICEQ*, it is true that many companies are still
482 reluctant to start working with CE. This means that, although companies are offered the
483 opportunity to use the questionnaire, they do not take it into consideration.

484 **5.4 Future improvements**

485 One of the improvements to be made is the integration of the rest of the harmonized
486 standards analyzed, such as ISO 56002:2019, ISO 14006:2020, BSI 8001:2017, to
487 obtain a much more complete questionnaire and ensure that all types of aspects in which
488 the company will obtain greater benefit are worked on.

489 *ICEQ* intended to be independent of industry, size, or maturity of company. Future
490 research will involve adapting and testing *ICEQ* for other markets/sectors, such as
491 tourism, education, consulting, etc. so that they can also improve their businesses.
492 Furthermore, a complete 5-step process will be created where *ICEQ* will be the first. With
493 the diagnosis, results, and opportunity selection a roadmap and action plan will be
494 created to give the company the option of carrying out the process in its entirety. The
495 complete process is called CircularTRANS.

496 This process is shown in Figure 7 which starts with a diagnostic part where companies
497 complete *ICEQ* self-diagnostic questionnaire, obtain the results and select opportunities
498 to work on the basis of these results. The fourth step consists of defining a roadmap and
499 finally an action plan to address CE opportunities. More information about the platform
500 can be found at <https://circulartrans.mondragon.edu/en/home>.



501

502

Figure 7: CircularTRANS complete process

503 In addition, we want to add CE indicators and be able to quantify the improvements. This
504 will allow managers to ensure that the entire process is helping them to improve their
505 competitiveness. Moreover, we want to work on Life Cycle Assessment (LCA) so that
506 companies have more options when carrying out the identified changes. The field work
507 must be very strict and rigorous. The first thing is to define good indicators where it can
508 measure the progress or setbacks that the participating industrial company is making.
509 This must be put into practice in more than one company, in order to improve three
510 aspects: i) be aware that the tool continues to work and offer the pre-established
511 conditions, ii) companies are able to see improvements, and iii) continue to receive
512 feedback to improve the tool and adapt it to possible new needs that arise from its use.
513 Lastly, the possibility of integrating the CE management systems in organizations with
514 the help of the group's experts is being considered.

515 **6. Conclusions**

516 This study proposes *ICEQ*: as a continuous improvement questionnaire to start the
517 circularity process, aimed at industrial companies in BAC which allows companies with
518 an insight into internal and external contexts in order to integrate them into their business
519 model. A 165-question questionnaire has been developed taking as a reference,
520 questionnaires identified in the literature review together with questions identified in the
521 different CE tools available. Additionally, the creation of this questionnaire has
522 considered both the strategies and solutions of CE, as well as aspects analyzed in the
523 harmonized standards that industrial companies must comply with to guarantee the
524 quality of their products/services.

525 The review conclusion is that all companies considered this questionnaire as a viable
526 starting point to change and achieve a more circular business model working different
527 aspects and being a beginning of continuous improvement. *ICEQ*, a questionnaire aimed
528 at industrial companies, helps to make the results of the review useful internally for
529 companies. The questionnaire has been tested for "usability", "self-improvement" and
530 "ease of use" in 30 industrial companies of different sizes and sectors to ensure that
531 *ICEQ* has practical value.

532 Still based on these iterations, and the feedback received from companies, and
533 concluding that the questionnaire is suitable to begin the transition to CE, we realize that:
534 companies need specific tools to quantitatively assess the contribution of CE, therefore,
535 it is necessary to work on CE indicators, LCA, etc. With these needs in mind, the team
536 will continue to work in these areas to meet the needs of industrial companies.

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